

Records du club au 31 mars 2020

Catégorie	H/D	Indoor/ Outdoor	Epreuve	Athlète	Performance	Lieu	Date
BEN	H	Indoor	60m	Kayembe Ilunga Isaac	9"19	Dour	13/12/2014
BEN	H	Indoor	600m				
BEN	H	Indoor	1000m	D'Harveng Vincent	3'33"15	Gand	28/01/1995
BEN	H	Indoor	Hauteur	Chapaux Antoine	1m12	Dour	13/03/2010
BEN	H	Indoor	Longueur	Deffernez Arnaud	3m67	Dour	25/03/2000
BEN	H	Indoor	Poids 1Kg	Vanderhaegen Simon	10m06	Gand	26/03/2005
BEN	H	Indoor	Triathlon	Kayembe Ilunga Isaac	917 pts	Dour	21/03/2015
BEN	H	Indoor	Tétrathlon	Vanderhaegen Simon	1094 pts	Dour	26/02/2005
BEN	H	Indoor	4x200m		2'24"54	Gand	21/02/2009
BEN	H	Outdoor	60m	Kayembe Ilunga Isaac	8"85	Obourg	25/06/2015
BEN	H	Outdoor	600m	Kayembé Ilunga Isaac	1'58"06	Herve	19/09/2015
BEN	H	Outdoor	1000m	Merveille Arnaud	3'21"21	Nivelles	28/08/1999
BEN	H	Outdoor	Hauteur	Merveille Arnaud	1m23	Nivelles	28/08/1999
BEN	H	Outdoor	Hauteur	Mazebo Simon	1m23	Le Bizet	27/09/2009
BEN	H	Outdoor	Longueur	Merveille Arnaud	4m01	Charleroi	25/09/1999
BEN	H	Outdoor	Poids 1Kg	Vanderhaegen Simon	12m25	Nivelles	24/09/2005
BEN	H	Outdoor	Balle Hockey	Vanderhaegen Simon	37m85	Malines	20/08/2005
BEN	H	Outdoor	Triathlon	Merveille Arnaud	1350 pts	St-Ghislain	22/10/1999
BEN	H	Outdoor	Tétrathlon	Merveille Arnaud	1903 pts	Ninove	19/06/1999
BEN	H	Outdoor	4X60m	Chapaux A/Degand T/Elias A/Mazebo S	36"61	Nivelles	26/09/2009
BEN	D	Indoor	60m	Herbecq Magali	9"56	Dour	02/03/2002
BEN	D	Indoor	600m				
BEN	D	Indoor	1000m	Herbecq Magali	4'04"15	Gand	23/02/2002
BEN	D	Indoor	Hauteur	Sarens Yolène	0m95	Dour	04/03/2000
BEN	D	Indoor	Longueur	Herbecq Magali	3m44	Gaurain	16/02/2002
BEN	D	Indoor	Poids 1Kg	Guilmot Savannah	7m81	Gaurain	15/03/2008
BEN	D	Indoor	Triathlon	Herbecq Magali	984 pts	Dour	02/03/2002
BEN	D	Indoor	Tétrathlon	Guilmot Savannah	1095 pts	Dour	01/03/2008
BEN	D	Outdoor	60m	Vandermeulen Alodie	9"32	Mouscron	29/09/2012
BEN	D	Outdoor	600m	Deworme Eglantine	1'59"08	Nivelles	24/09/2016
BEN	D	Outdoor	1000m	Chanoine Justine	3'38"00	Ninove	06/07/2003
BEN	D	Outdoor	Hauteur	Dhont Clara	1m25	Ath	01/09/2012

BEN	D	Outdoor	Longueur	Dhont Clara	3m77	Ninove	26/08/2012
BEN	D	Outdoor	Poids	D'Haeyer Coline	9m69	Mouscron	20/09/2014
BEN	D	Outdoor	Balle Hockey	Guilmot Savannah	31m38	Deux-Acren	13/09/2008
BEN	D	Outdoor	Triathlon	De Bled Cassandra	1142 pts	Gaurain	20/06/2009
BEN	D	Outdoor	Tétrathlon	Cossez Perrine	1682 pts	Verviers	10/09/2011
BEN	D	Outdoor	4X60m	Vandermeulen A/Chapaux M/D'Hont C/Dassonville	38"53	Ath	01/09/2012
PUP	H	Indoor	60m Haies	Mazebo Simon	11"17	Dour	05/03/2011
PUP	H	Indoor	60m	Kayembe Ilunga Isaac	8"70	Dour	12/02/2017
PUP	H	Indoor	1000m	Merveille Arnaud	3'18"31	Gand	04/11/2000
PUP	H	Indoor	Hauteur	Mazebo Simon	1m34	Gaurain	11/03/2011
PUP	H	Indoor	Longueur	Merveille Arnaud	4m10	Dour	25/03/2000
PUP	H	Indoor	Poids 2Kg	Merveille Arnaud	10m93	Gand	02/12/2000
PUP	H	Indoor	Triathlon	Malice Noah	1135 pts	Dour	22/03/2014
PUP	H	Indoor	Tétrathlon	Degand Théo	1766 pts	Dour	19/03/2011
PUP	H	Indoor	4x200m	Chapaux A/Mazebo S/Elias A/Degand T	2'13"87	Gand	16/01/2011
PUP	H	Outdoor	60m Haies	Chapaux Antoine	10"81	Mouscron	29/09/2012
PUP	H	Outdoor	60m	Van Damme Maxime	8"64	Nivelles	27/09/2008
PUP	H	Outdoor	1000m	D'harveng Vincent	3'11"80 tm	Alost	07/06/1997
PUP	H	Outdoor	Hauteur	Schomelhout Michael	1m37	La Louvière	06/06/1999
PUP	H	Outdoor	Longueur	Van Damme Maxime	4m30	Gaurain	27/07/2008
PUP	H	Outdoor	Longueur	Chapaux Antoine	4m30	Ath	25/09/2011
PUP	H	Outdoor	Poids 2Kg	Merveille Arnaud	10m93	Ninove	28/07/2001
PUP	H	Outdoor	Disque 600gr	Merveille Arnaud	27m69	Obourg	14/10/2001
PUP	H	Outdoor	Balle hockey	Malice Noah	44m10	Mouscron	20/09/2014
PUP	H	Outdoor	Triathlon	D'harveng Vincent	1290 pts	Anzin	05/10/1996
PUP	H	Outdoor	Tétrathlon	Merveille Arnaud	2179 pts	St-Niklaas	29/07/2001
PUP	H	Outdoor	4X60m	Chapaux A/Mazebo S/Elias A/Degand T	34"45	St-Ghislain	20/08/2011
PUP	H	Outdoor	4X800m	Vercruysse/D'Harveng/Lemaire/Merveille	11'46"63	St-Ghislain	30/09/2000
PUP	H	Outdoor	2000m marche R	Lemaire Sébastien	14"52	Sirault	01/07/2001
PUP	H	Outdoor	2000m marche P	Lemaire Sébastien	15"32	Charleroi	??/2001
PUP	D	Indoor	60m Haies	Guilmot Savannah	11"83	Dour	13/03/2010
PUP	D	Indoor	40m	Vandermeulen Alodie	6"47	Nivelles	27/02/2014
PUP	D	Indoor	60m	Cardinael Florence	8"67	Dour	11/03/1995
PUP	D	Indoor	1000m	Cardinael Florence	3'25"53	Gand	28/01/1995
PUP	D	Indoor	Hauteur	Vandermeulen Alodie	1m36	Gaurain	08/03/2014

PUP	D	Indoor	Longueur	Dhont Clara	4m13	Dour	22/03/2014
PUP	D	Indoor	Poids 2Kg	Vandermeulen Alodie	9m49	Nivelles	22/02/2014
PUP	D	Indoor	Triathlon	Cardinael Florence	1377 pts	Dour	11/03/1995
PUP	D	Indoor	Tétrathlon	Herbecq Magali	1574 pts	Dour	28/02/2004
PUP	D	Indoor	4x200m	Lopez F/Stilite J/De Bled K/Deleersnyder A	2'08"06	Gand	19/02/2011
PUP	D	Outdoor	60m Haies	Cardinael Florence	11"46	Ninove	06/05/1995
PUP	D	Outdoor	60m	Poot Elise	8"73	Gaurain	30/06/2013
PUP	D	Outdoor	1000m	Deleersnyder Alisson	3'19"32	Nivelles	24/09/2011
PUP	D	Outdoor	Hauteur	Vandermeulen Alodie	1m34	Oostende	10/05/2014
PUP	D	Outdoor	Longueur	Herbecq Magali	4m40	Oordegem	03/10/2004
PUP	D	Outdoor	Poids 2Kg	Vandermeulen Alodie	10m71	Mouscron	20/09/2014
PUP	D	Outdoor	Disque 600gr	Herbecq Magali	27m96	Forest	17/10/2004
PUP	D	Outdoor	Balle hockey	Guilmot Savannah	47m85	Le Bizet	27/09/2009
PUP	D	Outdoor	Triathlon	Moreau Valentine	1044 pts	Beveren	15/08/1996
PUP	D	Outdoor	Tétrathlon	Vandermeulen Alodie	2255 pts	NieuwPort	06/07/2014
PUP	D	Outdoor	4X60m	Brotcorne/Stilite/De Bled K/Deleersnyder A	35"24	Chatelineau	26/06/2011
Min	H	Indoor	60m Haies	Mbaya Ewombo Yann	9"97	Gand	11/03/2018
Min	H	Indoor	60m	Mbaya Ewombo Yann	8"00	Dour	11/03/2018
Min	H	Indoor	150m	Degand Théo	19"81	Gand	23/03/2013
Min	H	Indoor	1000m	Merveille Arnaud	3'02"92	Gand	22/03/2003
Min	H	Indoor	Hauteur	Deffenfe Nicolas	1m48	Dour	25/03/2000
Min	H	Indoor	Perche	Merveille Arnaud	2m10	Gand	22/03/2003
Min	H	Indoor	Longueur	Saint Alexandre	4m97	Dour	03/03/2001
Min	H	Indoor	Poids 3Kg	Merveille Arnaud	10m42	Gand	22/03/2003
Min	H	Indoor	Triathlon	Mbaya Ewombo Yann	1881 pts	Dour	24/03/2018
Min	H	Indoor	Tétrathlon	Schoeps Mathieu	1989 pts	Dour	09/09/1997
Min	H	Indoor	Pentathlon	Merveille Arnaud	2240 pts	Dour	02/03/2002
Min	H	Outdoor	80m Haies	Deworme Achille	13"20	Nivelles	24/09/2016
Min	H	Outdoor	150m Haies	Deworme Achille	21"57	Alken	22/07/2016
Min	H	Outdoor	80m	Van Damme Maxime	10"15	Nivelles	25/09/2010
Min	H	Outdoor	150m	Degand Théo	18"92	Gaurain	30/06/2013
Min	H	Outdoor	300m	Degand Théo	39"27	Nivelles	28/09/2013
Min	H	Outdoor	1000m	Merveille Arnaud	2'54"02	Oordegem	13/09/2003
Min	H	Outdoor	Hauteur	Carton Delcourt Bruno	1m59	Gaurain	13/10/2001
Min	H	Outdoor	Perche	Saint Alexandre	2m30	Gentbrugge	04/06/2001
Min	H	Outdoor	Longueur	Van Damme Maxime	5m07	Ath	28/08/2010

Min	H	Outdoor	Longueur	Carton Delcourt Bruno	5m07	Gaurain	13/10/2001
Min	H	Outdoor	Poids 3Kg	Merveille Arnaud	12m33	Nivelles	04/10/2003
Min	H	Outdoor	Disque 750gr	Dubois Tristan	27m37	Ath	23/08/2014
Min	H	Outdoor	Disque 1Kg	Carton Delcourt Bruno	28m92	Gaurain	13/10/2001
Min	H	Outdoor	Javelot 400Gr	Dubois Tristan	38m94	Nivelles	27/09/2014
Min	H	Outdoor	Tétrathlon	D'Harveng Nicolas	2252 pts	La Louvière	27/09/1996
Min	H	Outdoor	Pentathlon	Carton Delcourt Bruno	3570 pts	Gaurain	13/10/2001
Min	H	Outdoor	4X80m	Ghislain A/Seghers G/Carton B/Saint A	43"12	Obourg	30/09/2001
Min	H	Outdoor	4X800m	Ghislain A/Seghers G/Deffenfe N/Saint A	10'48"66	Obourg	30/09/2001
Min	H	Outdoor	3000m marche P	Lemaire Sébastien	20'50"20	Charleroi	11/05/2002
Min	D	Indoor	60m Haies	Vandermeulen Alodie	10"25	Gand	05/03/2016
Min	D	Indoor	40m	Vandermeulen Alodie	6"59	Wavre	24/01/2016
Min	D	Indoor	60m	Landrieu Chloé	8"66	Dour	14/01/2012
Min	D	Indoor	150m	Vandermeulen Alodie	21"52	Gand	12/12/2015
Min	D	Indoor	1000m	Deleersnyder Alisson	3'21"75	Gand	23/03/2013
Min	D	Indoor	Hauteur	Elias Justine	1m43	Dour	05/03/2011
Min	D	Indoor	Perche				
Min	D	Indoor	Longueur	Vandermeulen Alodie	4m49	Dour	19/03/2016
Min	D	Indoor	Poids 2Kg	Vandermeulen Alodie	12m85	Hoboken	12/03/2016
Min	D	Indoor	Triathlon	Vandermeulen Alodie	1915 pts	Dour	19/03/2016
Min	D	Indoor	Tétrathlon	Koko Elvire	1788 pts	Dour	03/02/1996
Min	D	Indoor	Pentathlon	Vandermeulen Alodie	2980 pts	Hoboken	14/02/2016
Min	D	Indoor	4x200m	Savary F/Elias J/Altenhoven A/Delcourt M	2'04"08	Gand	16/01/2011
Min	D	Outdoor	60m Haies	Landrieu Chloé	9"70	Mouscron	29/09/2012
Min	D	Outdoor	150m Haies	Vandermeulen Alodie	22"91	Liège	31/07/2016
Min	D	Outdoor	80m	Landrieu Chloé	10"91	Le Bizet	06/05/2012
Min	D	Outdoor	150m	Deleersnyder Alisson	21"03	Gentbrugge	25/08/2013
Min	D	Outdoor	300m	Deleersnyder Alisson	45"19	Le Bizet	29/09/2013
Min	D	Outdoor	1000m	Lefebvre Marie-Jeanne	3'08"08	Ninove	12/09/1999
Min	D	Outdoor	Hauteur	Vandermeulen Alodie	1m48	La Louvière	05/06/2016
Min	D	Outdoor	Hauteur	Elias Justine	1m48	Mouscron	11/06/2011
Min	D	Outdoor	Longueur	Vandermeulen Alodie	4m74	Ath	20/08/2016
Min	D	Outdoor	Poids 2Kg	Vandermeulen Alodie	13m94	Schaerbeek	23/10/2016
Min	D	Outdoor	Disque 600Gr	Herbecq Magali	34m44	Gentbrugge	16/05/2005
Min	D	Outdoor	Disque 750Gr	Vandermeulen Alodie	31m84	Obourg	01/10/2016

Min	D	Outdoor	Javelot 400Gr	Vandermeulen Alodie	29m63	Forest	28/08/2016
Min	D	Outdoor	Tétrathlon	Koko Elvire	1674 pts	Oordegem	21/07/1996
Min	D	Outdoor	Pentathlon	Vandermeulen Alodie	3254 pts	Oordegem	21/07/2016
Min	D	Outdoor	4X80m	Stilite/De Bled K/Deleersnyder A/Landrieu C	44"17	Le Bizet	24/06/2012
Min	D	Outdoor	2000m marche P	Lefebvre Marie-Jeanne	13'44"39	La Louvière	29/08/1999
CAD	H	Indoor	60m Haies	Mazebo Simon	8"99	Gand	08/03/2015
CAD	H	Indoor	60m	Van Damme Maxime	7"55	Gand	11/02/2012
CAD	H	Indoor	200m	Degand Théo	24"16	Gand	20/12/2014
CAD	H	Indoor	300m	Degand Théo	39"15	Gand	28/12/2013
CAD	H	Indoor	400m	Degand Théo	51"98	Gand	17/01/2015
CAD	H	Indoor	800m	Merveille Arnaud	2'07"28	Gand	06/03/2005
CAD	H	Indoor	1000m	Merveille Arnaud	2'43"52	Gand	22/01/2005
CAD	H	Indoor	1500m	D'Harveng Vincent	4'34"27	Gand	27/01/2001
CAD	H	Indoor	Hauteur	Carton Delcourt Bruno	1m77	Gand	09/03/2003
CAD	H	Indoor	Perche	Carton Delcourt Bruno	3m20	Gand	22/03/2003
CAD	H	Indoor	Longueur	Carton Delcourt Bruno	5m96	Gand	23/02/2003
CAD	H	Indoor	Triple saut	Carton Delcourt Bruno	11m21	Gand	18/01/2003
CAD	H	Indoor	Poids 4Kg	Merveille Arnaud	14m33	Gand	15/01/2005
CAD	H	Indoor	Triathlon	Malice Sacha	771 pts	Dour	09/03/2013
CAD	H	Indoor	6-athlon	Carton Delcourt Bruno	3644 pts	Gand	8-9/03/2003
CAD	H	Outdoor	100m Haies(0,914m)	Chapaux Antoine	14"42	Hérentals	04/09/2016
CAD	H	Outdoor	300m Haies(0,762m)	Ghislain Arnaud	39"87	Nivelles	07/09/2003
CAD	H	Outdoor	1500m steeple	D'Harveng Yves	4'44"73	Gaurain	08/10/2005
CAD	H	Outdoor	100m	Degand Théo	11"78	Ath	29/08/2015
CAD	H	Outdoor	200m	Degand Théo	23"41	Ath	29/08/2015
CAD	H	Outdoor	300m	Ghislain Arnaud	37"25	Oordegem	29/07/2003
CAD	H	Outdoor	400m	Degand Théo	51"80	Verviers	23/05/2015
CAD	H	Outdoor	600m	Ghislain Arnaud	1'27"40	Liège	02/09/2003
CAD	H	Outdoor	800m	Merveille Arnaud	2'02"07	Nivelles	04/09/2005
CAD	H	Outdoor	1000m	D'Harveng Vincent	2'44"58	Zwevegem	12/08/2001
CAD	H	Outdoor	1500m	D'Harveng Vincent	4'17"10	Obourg	19/05/2001
CAD	H	Outdoor	Miles	D'Harveng Vincent	4'52"51	Audenarde	26/07/2005
CAD	H	Outdoor	2000m	Mustin Kévin	6'08"03	Gaurain	21/08/2005
CAD	H	Outdoor	Hauteur	Carton Delcourt Bruno	1m83	Mouscron	29/08/2003
CAD	H	Outdoor	Perche	Carton Delcourt Bruno	3m32	Ninove	20/08/2003
CAD	H	Outdoor	Longueur	Carton Delcourt Bruno	6m13	Nivelles	07/09/2003

CAD	H	Outdoor	Triple saut	Carton Delcourt Bruno	11m61	Obourg	13/10/2002
CAD	H	Outdoor	Poids 4Kg	Merveille Arnaud	16m03	Obourg	09/10/2005
CAD	H	Outdoor	Disque 1Kg	Carton Delcourt Bruno	47m40	Obourg	30/08/2003
CAD	H	Outdoor	Javelot 600Gr	Carton Delcourt Bruno	45m35	Tielt	14/09/2003
CAD	H	Outdoor	Marteau 4Kg	Carton Delcourt Bruno	30m71	Nivelles	21/06/2003
CAD	H	Outdoor	Pentathlon	Carton Delcourt Bruno	2609 pts	Charleroi	21/09/2002
CAD	H	Outdoor	Octathlon	Carton Delcourt Bruno	4721 pts	Izegem	12-13/07/2003
CAD	H	Outdoor	4X100m	Mazebo S/Lequeux B/Daumerie D/Degand T	46"49	Ertvelde	20/09/2015
CAD	H	Outdoor	4X200m	Mazebo S/Malice S/Lampe L/Degand T	1'44"83	Liège	07/09/2014
CAD	H	Outdoor	4X400m	Quesnoit/Seghers/Legrand/Widar	3'58"38	Obourg	03/09/2000
CAD	H	Outdoor	4X800m	Quesnoit/D'Harveng/Legrand /Widar	9'04"10	Jambes	17/09/2000
CAD	H	Outdoor	Rel olympique 800-400-200-100	Legrand/D'Harveng/Seghers/Lelubre	3'48"02	Gaurain	01/05/2001
CAD	H	Outdoor	Relais suédois 400-300-200-100	Lampe/Degand T./ Mazebo S./Malice S.	2'25"80	St-Ghislain	03/05/2014
CAD	H	Outdoor	3000m marche	Trigallez Tristan	23'10"83	Nivelles	26/05/2018
CAD	H	Outdoor	5000m marche P	Flameng Rémy	41'29"60 tm	Gaurain	08/04/2000
CAD	D	Indoor	60m Haies(0,762m)	Vandermeulen Alodie	8"99	Gand	04/03/2018
CAD	D	Indoor	60m	Altimari Nicolina	8"13	Gand	19/01/2008
CAD	D	Indoor	200m	Leseultre Charlotte	26"20	Gand	26/01/2008
CAD	D	Indoor	300m	Vandermeulen Alodie	43"69	Gand	30/12/2017
CAD	D	Indoor	400m	Leseultre Charlotte	58"01	Gand	02/03/2008
CAD	D	Indoor	800m	Deleersnyder Alisson	2'22"44	Gand	17/01/2015
CAD	D	Indoor	1000m	Depelchin Laura	3'16"84	Gand	29/12/2001
CAD	D	Indoor	1500m	Lefebvre Marie-Jeanne	4'58"39	Gand	?/?/2001
CAD	D	Indoor	Hauteur	Vandermeulen Alodie	1m67	Dour	13/01/2018
CAD	D	Indoor	Perche	Carton Delcourt Julie	2m11	Gaurain	19/03/2005
CAD	D	Indoor	Longueur	Vandermeulen Alodie	5m28	Gand	30/12/2017
CAD	D	Indoor	Triple saut	Deleuze Catherine	9m41	Dour	21/12/2002
CAD	D	Indoor	Poids 3Kg	Vandermeulen Alodie	12m60	Gand	04/03/2018
CAD	D	Indoor	Triathlon	D'Hulster Elodie	1511 pts	Gand	29/02/2004
CAD	D	Indoor	Pentathlon	Vandermeulen Alodie	3697 pts	Gand	03/02/2018
CAD	D	Outdoor	80m Haies(0,762m)	Vandermeulen Alodie	12"18	Schaerbeek	05/05/2018
CAD	D	Outdoor	300m Haies(0,762m)	Vandermeulen Alodie	45"70	Heusden	16/09/2017
CAD	D	Outdoor	1500m steeple	Lefebvre Marie-Jeanne	5'32"21	Courtrai	18/08/2000
CAD	D	Outdoor	100m	Altimari Nicolina	12"78	Oordegem	25/05/2008
CAD	D	Outdoor	200m	Altimari Nicolina	26"06	Oordegem	25/05/2008

CAD	D	Outdoor	300m	Leseultre Charlotte	42"06	Nivelles	28/09/2007
CAD	D	Outdoor	400m	Leseultre Charlotte	57"36	Naimette	01/06/2008
CAD	D	Outdoor	800m	Lefebvre Marie-Jeanne	2'21"28	Oordegem	03/08/2000
CAD	D	Outdoor	1000m	Lefebvre Marie-Jeanne	3'06"29	Beveren	26/07/2000
CAD	D	Outdoor	1500m	Lefebvre Marie-Jeanne	4'49"58	Oordegem	09/09/2000
CAD	D	Outdoor	Miles	Bossut Mathilde	5'41"04	Audenarde	31/07/2011
CAD	D	Outdoor	2000m	Bossut Mathilde	7'13"73	Nivelles	06/04/2011
CAD	D	Outdoor	Hauteur	Vandermeulen Alodie	1m62	Naimette	30/04/2017
CAD	D	Outdoor	Perche	Carton Delcourt Julie	2m06	Oordegem	03/06/2005
CAD	D	Outdoor	Longueur	Vandermeulen Alodie	5m30	Ypres	09/07/2017
CAD	D	Outdoor	Triple saut	Devenijn Laurence	10m57	Woluwé	24/06/1995
CAD	D	Outdoor	Poids 3Kg	Vandermeulen Alodie	12m62	Naimette	02/09/2018
CAD	D	Outdoor	Disque 1Kg	Frédéric Justine	29m83	Spa	18/08/2002
CAD	D	Outdoor	Javelot 500Gr	Deleersnyder Jennifer	32m49	Lokeren	18/06/2005
CAD	D	Outdoor	Marteau 3Kg	Ghislain Amélie	28m89	Obourg	14/10/2001
CAD	D	Outdoor	Pentathlon	Elias Justine	2319 pts	Deinze	13/04/2013
CAD	D	Outdoor	Hexathlon	Vandermeulen Alodie	4060 pts	Ypres	09/07/2017
CAD	D	Outdoor	4X100m		54"56	Forest	10/05/2008
CAD	D	Outdoor	4X800m	Lefebvre/Biesmans/Moreau/Hageman	10'35"29	Jambes	17/09/2000
CAD	D	Outdoor	Rel olympique 800-400-200-100	Depelchin/Hageman14:11Frédéric/Del euze	4'22"73	Obourg	01/05/2002
CAD	D	Outdoor	Relais suédois 400-300-200-100	De Bled/Deleersnyder A/Debisschop P./ Landriou	2'34"68	St-Ghislain	03/05/2014
CAD	D	Outdoor	3000m marche P	Lefebvre Marie-Jeanne	20'27"20 tm	Gaurain	08/04/2000
SCO	H	Indoor	60m Haies(0,91m)	Mazebo Simon	8"17	Gand	21/01/2017
SCO	H	Indoor	60m Haies(0,91m)	Chapaux Antoine	8"17	Gand	04/03/2018
SCO	H	Indoor	60m	Ghislain Arnaud	7"05	Dour	05/02/2005
SCO	H	Indoor	200m	Ghislain Arnaud	22"23	Gand	20/02/2005
SCO	H	Indoor	300m	Schraeder Kyle	38"85	Gand	23/01/2010
SCO	H	Indoor	400m	Ghislain Arnaud	49"10	Gand	06/03/2005
SCO	H	Indoor	800m	Ghislain Arnaud	1'57"40	Gand	15/01/2005
SCO	H	Indoor	1000m	Carton Delcourt Bruno	2'40"16	Gand	27/02/2005
SCO	H	Indoor	1500m	Flameng Laurent	4'17"84	Gand	07/01/1995
SCO	H	Indoor	3000m	Flameng Laurent	9'07"92	Gand	21/01/1995
SCO	H	Indoor	Hauteur	Carton Delcourt Bruno	1m90	Gand	26/03/2005
SCO	H	Indoor	Perche	Carton Delcourt Bruno	3m80	Gand	15/01/2005
SCO	H	Indoor	Longueur	Langhendries Christophe	6m51	Gand	17/02/1996
SCO	H	Indoor	Triple saut	Boucher Jérémy	12m04	Gand	15/01/2005

SCO	H	Indoor	Poids 5Kg	Clerebaut Michael	12m84	Gand	21/01/2006
SCO	H	Indoor	Heptathlon	Carton Delcourt Bruno	4929 pts	Gand	27/02/2005
SCO	H	Indoor	4X200m	Delacenserie M/Schraeder K/Gheux S/Seghers D	1'41"67	Gand	20/02/2010
SCO	H	Outdoor	110m Haies(0,914)	Mazebo Simon	14"36	Ninove	28/06/2017
SCO	H	Outdoor	300m Haies	Langhendries Christophe	40"93	Diekirch	23/06/1996
SCO	H	Outdoor	400m Haies(0,840m)	Ghislain Arnaud	54"37	Obourg	23/04/2005
SCO	H	Outdoor	2000m steeple	Louvrier Arnaud	6'24"48	Nivelles	05/09/2009
SCO	H	Outdoor	100m	Ghislain Arnaud	11"10	Eigenbrakel	03/10/2004
SCO	H	Outdoor	200m	Ghislain Arnaud	22"01	St Niklaas	05/05/2005
SCO	H	Outdoor	300m	Ghislain Arnaud	33"91	Woluwé	11/06/2005
SCO	H	Outdoor	400m	Ghislain Arnaud	47"71	Nivelles	04/09/2005
SCO	H	Outdoor	600m	Legrand Geoffrey	1'24"03	Liège	02/09/2003
SCO	H	Outdoor	800m	Ghislain Arnaud	1'53"60 tm	Oordegem	30/07/2005
SCO	H	Outdoor	1000m	Pierot Joris	2'37"90 tm	Ninove	24/06/1997
SCO	H	Outdoor	1500m	Greel Francois	4'10"75	Eigenbrakel	03/10/2004
SCO	H	Outdoor	Mile	Hainaut Robin	5'00"03	Ath	01/09/2012
SCO	H	Outdoor	2000m	Vermeersh Arnaud	5'56"31	La Louvières	30/09/2018
SCO	H	Outdoor	3000m	Flameng Laurent	9'03"91	La Louvière	03/06/1995
SCO	H	Outdoor	Hauteur	Carton Delcourt Bruno	1m94	St Ghislain	30/04/2005
SCO	H	Outdoor	Perche	Carton Delcourt Bruno	3m77	Ninove	24/09/2005
SCO	H	Outdoor	Longueur	Carton Delcourt Bruno	6m73	Marrakesh(MAR)	13/07/2005
SCO	H	Outdoor	Triple saut	Boucher Jérémy	12m79	Eigenbrakel	25/09/2005
SCO	H	Outdoor	Poids 5Kg	Carton-Delcourt Bruno	13m92	Forbach(F)	18/06/2005
SCO	H	Outdoor	Disque 1,5Kg	Carton Delcourt Bruno	43m35	Nivelles	04/09/2005
SCO	H	Outdoor	Javelot 700Gr	Carton Delcourt Bruno	54m08	Bergen	29/05/2005
SCO	H	Outdoor	Marteau 5Kg	Seghers Simon	40m36	Obourg	26/04/2003
SCO	H	Outdoor	Pentathlon	Carton Delcourt Bruno	2097 pts	Charleroi	21/09/2002
SCO	H	Outdoor	Nonathlon	Carton Delcourt Bruno	6276 pts	Bergen	28-29/05/2005
SCO	H	Outdoor	Décathlon	Carton Delcourt Bruno	6492 pts	Forbach(F)	18/06/2005
SCO	H	Outdoor	4X100m	Mazebo S/Daumerie D/Degand T/Lequeux B	44"42	Andenne	06/05/2017
SCO	H	Outdoor	4X400m	Chapaux A/Lequeux M/Mazebo S/Messaoui M	3'49"28	Braine-l'Alleud	14/05/2017
SCO	H	Outdoor	4X800m	Van den Bril/Th Pierot J/Decourty Th/Bastien G	8'40"57	St-Ghislain	12/10/1996
SCO	H	Outdoor	Rel olympique 800-400-200-100	Ghislain A/Seghers G/Carton-Delcourt/Boucher J	3'37"81	St-Ghislain	30/04/2005

SCO	H	Outdoor	Relais suédois 400-300-200-100	Hainaut R/Schraeder K/Sales B/Vermer A	2'28"20	Schaerbeek	07/05/2011
SCO	D	Indoor	60m Haies	Vandermeulen Alodie	8'90	Gand	03/03/2019
SCO	D	Indoor	60m	Altimari Nicolina	8"03	Gand	15/03/2009
SCO	D	Indoor	200m	Altimari Nicolina	26"08	Gand	15/03/2009
SCO	D	Indoor	300m	Louvrier Florence	47"27	Gand	10/01/2010
SCO	D	Indoor	400m	Altimari Nicolina	59"28	Gand	08/03/2009
SCO	D	Indoor	800m	Depelchin Laura	2'23"01	Gand	17/01/2004
SCO	D	Indoor	1000m	Lefèbvre Marie-Jeanne	3'11"79'	Gand	29/12/2001
SCO	D	Indoor	1500m	Bossut Mathilde	4'54"13	Gand	25/01/2014
SCO	D	Indoor	3000m	Lefèbvre Marie-Jeanne	11'22"00	Gand	02/03/2002
SCO	D	Indoor	Hauteur	Vandermeulen Alodie	1m64	Gand	03/02/2019
SCO	D	Indoor	Perche				
SCO	D	Indoor	Longueur	Van Der Meulen Alodie	5m53	Gand	01/03/2020
SCO	D	Indoor	Triple saut	Biesmans Angélique	9m81	Gaurain	16/02/2002
SCO	D	Indoor	Poids 3Kg	Van Der Meulen Alodie	13m50	Gand	01/03/2020
SCO	D	Indoor	Poids 4Kg	Frédéric Justine	8m88	Gand	25/01/2003
SCO	D	Indoor	Pentathlon	Vandermeulen Alodie	3700 pts	Gand	03/02/2019
SCO	D	Outdoor	100m Haies(0,762)	Landrieu Chloé	15"49	Herve	07/05/2016
SCO	D	Outdoor	300m Haies	Deglume Géraldine	48"82	St Ghislain	19/05/1996
SCO	D	Outdoor	400m Haies	Van Der Meulen Alodie	63"25	Oordegem	25/05/2019
SCO	D	Outdoor	2000m steeple	Hainaut Ines	7'44"46	Ath	28/08/2010
SCO	D	Outdoor	100m	Altimari Nicolina	12"69	Ninove	19/08/2009
SCO	D	Outdoor	200m	Altimari Nicolina	25"87	Ninove	19/08/2009
SCO	D	Outdoor	300m	Altimari Nicolina	41"44	Huizingen	16/08/2009
SCO	D	Outdoor	400m	Altimari Nicolina	58"56	Grosseto(ITA)	04/10/2009
SCO	D	Outdoor	600m	Lefebvre Marie-Jeanne	1'49"84	Liège	27/08/2002
SCO	D	Outdoor	800m	Depelchin Laura	2'20"84	Nivelles	20/05/2004
SCO	D	Outdoor	1000m	Depelchin Laura	3'06"48 tm	Gand	07/08/2004
SCO	D	Outdoor	1500m	Bossut Mathilde	4'52"18	Braine L'alleud	24/05/2014
SCO	D	Outdoor	Mile	Hainaut Ines	5'41"38	Nieuport	19/08/2010
SCO	D	Outdoor	2000m	Bossut Mathilde	7'10"02	Chatelineau	13/04/2013
SCO	D	Outdoor	3000m	Lefebvre Marie-Jeanne	10'54"37	Oordegem	07/09/2002
SCO	D	Outdoor	Hauteur	Desablens Justine	1m49	Schaerbeek	01/05/2010
SCO	D	Outdoor	Perche	Roos Virginie	1m90	Gaurain	25/04/1998
SCO	D	Outdoor	Longueur	Van Der Meulen Alodie	5m40	Forest	04/05/2019
SCO	D	Outdoor	Triple saut	Deglume Géraldine	10m05	Forest	01/09/1996

SCO	D	Outdoor	Poids 3Kg	Van Der Meulen Alodie	12m56	Antwerpen	22/06/2019
SCO	D	Outdoor	Poids 4Kg	Hageman Annabelle	9m53	Tielt	01/09/2002
SCO	D	Outdoor	Disque 1Kg	Frederic Justine	36m16	Bertrix	04/05/2003
SCO	D	Outdoor	Javelot 500Gr	Van Der Meulen Alodie	32m45	Ieper	07/07/2019
SCO	D	Outdoor	Javelot 600Gr	Lefebvre Marie-Jeanne	27m97	Mouscron	05/10/2002
SCO	D	Outdoor	Marteau 3Kg				
SCO	D	Outdoor	Marteau 4Kg	Ghislain Amélie	24m00	Obourg	13/10/2002
SCO	D	Outdoor	Pentathlon	Moreau Valentine	1759 pts	Charleroi	21/09/2002
SCO	D	Outdoor	Heptathlon	Van Der Meulen Alodie	4918 pts	Schaerbeek	12/05/2019
SCO	D	Outdoor	4X100m	Goedefroot L/Lys F/Desmyter S/Deglume G	53"38	Nivelles	22/09/1996
SCO	D	Outdoor	4X800m				
SCO	D	Outdoor	Rel olympique 800-400-200-100	Depelchin L/Mahée C/Frédéric J/Deleuze C	4'18"51	L-L-N	02/05/2005
SCO	D	Outdoor	Relais suédois 400-300-200-100	Dufour H/Delitte L/Bossut M/Carpriaux J	2'40"36	Ath	04/05/2013
JUN	H	Indoor	60m Haies(0,99m)	Mazebo Simon	8"14	Dour	11/02/2018
JUN	H	Indoor	60m Haies(1,067m)	Seghers Simon	8"45	Dour	05/02/2005
JUN	H	Indoor	60m	Ghislain Arnaud	7"01	Dour	11/02/2006
JUN	H	Indoor	200m	Ghislain Arnaud	22"15	Gand	19/03/2006
JUN	H	Indoor	300m	Schoeps Mathieu	34"66	Glasgow	18/01/2003
JUN	H	Indoor	400m	Ghislain Arnaud	47"89	Gand	18/02/2007
JUN	H	Indoor	800m	Ghislain Arnaud	1'57"22	Gand	28/01/2006
JUN	H	Indoor	1000m	D'Harveng Vincent	2'34"58	Gand	11/01/2004
JUN	H	Indoor	1500m	Lejuste Tom	4'38"07	Gand	02/01/2001
JUN	H	Indoor	Mile	Grell Francois	4'46"23	Gand	26/12/2006
JUN	H	Indoor	3000m	Delrivière Hubert	10'04"89	Gand	12/03/2006
JUN	H	Indoor	Hauteur	Schoeps Mathieu	1m85	Hoboken	02/03/2002
JUN	H	Indoor	Perche	Carton Delcourt Benoit	3m13	Gand	27/03/2004
JUN	H	Indoor	Longueur	Schoeps Mathieu	6m36	Gand	03/02/2002
JUN	H	Indoor	Triple saut	Schoeps Mathieu	13m02	Dour	16/03/2002
JUN	H	Indoor	Poids 6Kg	Ghislain Arnaud	11m30	Gand	19/03/2006
JUN	H	Indoor	Hextathlon	Carton Delcourt Benoit	3446 pts	Gand	27/02/2005
JUN	H	Indoor	Heptathlon	Schoeps Mathieu	4305 pts	Gand	03/02/2002
JUN	H	Outdoor	110m Haies(1,0617)	Seghers Simon	15"08	La Louvière	23/05/2004
JUN	H	Outdoor	110m Haies(0,99)	Chapaux Antoine	14"59	Nivelles	30/05/2019
JUN	H	Outdoor	400m Haies(0,914m)	Mazebo Simon	52"45	Oordegem	01/06/2019
JUN	H	Outdoor	2000m steeple	Lejuste Tom	6'59"12	Oordegem	02/08/2011

JUN	H	Outdoor	3000m steeple	Goethals Benoit	9'51"96	Nivelles	12/09/2010
JUN	H	Outdoor	100m	Schoeps Matthieu	11"01	Ninove	24/06/2003
JUN	H	Outdoor	200m	Schoeps Matthieu	21"64	Jambes	26/07/2003
JUN	H	Outdoor	300m	Ghislain Arnaud	33"72	Vilvorde	23/06/2006
JUN	H	Outdoor	400m	Ghislain Arnaud	47"27	Liège	10/09/2006
JUN	H	Outdoor	800m	D'Harveng Vincent	1'52"70 tm	Oordegem	30/07/2005
JUN	H	Outdoor	1000m	Louvrier Arnaud	2'39"53	Vilvorde	22/06/2010
JUN	H	Outdoor	1500m	D'Harveng Vincent	4'01"38	Gaurain	06/08/2005
JUN	H	Outdoor	Mile	Flameng Laurent	4'32"99	Beveren	18/07/1997
JUN	H	Outdoor	2000m	D'Harveng Vincent	5'41"86	Gaurain	21/08/2005
JUN	H	Outdoor	2 miles	Goethals Benoit	9'38"76	Ninove	14/07/2010
JUN	H	Outdoor	3000m	Flameng Laurent	8'42"63	Oordegem	22/08/1996
JUN	H	Outdoor	5000m	D'Harveng Nicolas	15'06"58	Naimette	14/09/2002
JUN	H	Outdoor	10000m	Flameng Laurent	32'57"40 tm	La Louvière	27/04/1996
JUN	H	Outdoor	Heure				
JUN	H	Outdoor	Hauteur	Schoeps Matthieu	1m96	Herentals	23/08/2003
JUN	H	Outdoor	Perche	Schoeps Matthieu	3m60	Obourg	28/09/2003
JUN	H	Outdoor	Longueur	Schoeps Matthieu	6m54	Barvaux	11/05/2003
JUN	H	Outdoor	Triple saut	Boucher Jérémy	12m36	Obourg	30/04/2006
JUN	H	Outdoor	Poids 6Kg	Guislain Arnaud	11m57	Obourg	29/04/2006
JUN	H	Outdoor	Disque 1,750Kg	Schoeps Matthieu	33m64	Apeldoorn(Ned)	25/05/2003
JUN	H	Outdoor	Disque 2Kg	Carton Delcourt Benoit	29m47	St-Niklaas	10/08/2005
JUN	H	Outdoor	Javelot 800Gr	Debuy Frédéric	45m52	Ninove	02/08/1997
JUN	H	Outdoor	Marteau 6Kg				
JUN	H	Outdoor	Pentathlon				
JUN	H	Outdoor	Décathlon	Schoeps Matthieu	6483 pts	Obourg	27-28/09/2003
JUN	H	Outdoor	4X100m	Quesnoit G/Roland/Widar/Schoeps	45"98	La Louvière	31/08/2003
JUN	H	Outdoor	4X400m	Gutierrez D/Quesnoit G/Delrivière G/Wuidart J	4'01"01	L-L-N	16/05/1999
JUN	H	Outdoor	4X800m	Morleghem/Schiettecatte/Decourty Th/Bastien G	8'40"57	St-Ghislain	12/10/1996
JUN	H	Outdoor	4X1500m				
JUN	D	Indoor	60m Haies(0,838m)	Landrieu Chloé	9"85	Dour	12/02/2017
JUN	D	Indoor	60m	Debisschop Pauline	8"22	Gand	27/01/2018
JUN	D	Indoor	200m	Debisschop Pauline	28"00	Gand	23/02/2018
JUN	D	Indoor	300m	Piraux Céline	50"89	Gand	26/12/2007
JUN	D	Indoor	400m	Ghislain Amélie	63"93	Gand	24/01/2004
JUN	D	Indoor	800m	Depelchin Laura	2'27"27	Gand	29/01/2005

JUN	D	Indoor	1000m	Hainaut Ines	3'17"06'	Gand	15/01/2011
JUN	D	Indoor	Mile	Bourgeois Virginie	6'48"44'	Gand	26/12/2011
JUN	D	Indoor	1500m	Bossut Mathilde	4'50"53	Gand	07/03/2015
JUN	D	Indoor	Hauteur	Roos Virginie	1m40	Gaurain	06/03/1999
JUN	D	Indoor	Perche				
JUN	D	Indoor	Longueur	D'Hulster Noémie	4m71	Gand	19/01/2008
JUN	D	Indoor	Triple saut	Lys Aline	9m05	Liévin	16/01/1999
JUN	D	Indoor	Poids 4Kg	Deglume Géraldine	8m34	Dour	22/03/1997
JUN	D	Indoor	Pentathlon				
JUN	D	Outdoor	100m Haies	Landrieu Chloé	17"11	Ninove	28/06/2017
JUN	D	Outdoor	400m Haies	Ghislain Amélie	75"11	La Louvière	23/05/2004
JUN	D	Outdoor	2000m steeple				
JUN	D	Outdoor	3000m steeple	Piroux Elodie	12'20"24	Ath	28/08/2010
JUN	D	Outdoor	100m	Debisschop Pauline	13"42	Ninove	22/04/2018
JUN	D	Outdoor	200m	Debisschop Pauline	27"86	Ninove	22/04/2018
JUN	D	Outdoor	300m	Ghislain Amélie	46"67	Dilbeek	18/07/2004
JUN	D	Outdoor	400m	Ghislain Amélie	65"29	Woluwé	09/05/2004
JUN	D	Outdoor	800m	Bossut Mathilde	2'21"61	Oordegem	07/03/2015
JUN	D	Outdoor	1000m	Piroux Elise	3'21"00	Vilvoorde	22/06/2010
JUN	D	Outdoor	1500m	Bossut Mathilde	4'53"83	Bruxelles	05/07/2015
JUN	D	Outdoor	Mile				
JUN	D	Outdoor	2000m	Bouanati Soukaina	7'43"83	Turnhout	17/04/2011
JUN	D	Outdoor	3000m	Flameng Bernadette	11'53"30	Alost	08/08/1997
JUN	D	Outdoor	5000m	Flameng Bernadette	21'57"76	Ninove	16/07/1997
JUN	D	Outdoor	Hauteur	Piroux Elise	1m40	Ath	14/05/2011
JUN	D	Outdoor	Hauteur	Delitte Laura	1m40	Ath	10/05/2014
JUN	D	Outdoor	Perche				
JUN	D	Outdoor	Longueur	Deglume Géraldine	4m72	Gaurain	04/05/1997
JUN	D	Outdoor	Triple saut	Deglume Géraldine	9m76	Ninove	12/08/1997
JUN	D	Outdoor	Poids 4Kg	Wattier Mélanie	9m18	Ath	14/05/2011
JUN	D	Outdoor	Disque 1Kg	Frederic Justine	28m48	Forest	08/05/2005
JUN	D	Outdoor	Javelot 600Gr	Piraux Justine	23m89	Forest	10/05/2008
JUN	D	Outdoor	Javelot 600Gr	Lefebvre Marie-Jeanne	27m97	Mouscron	05/10/2002
JUN	D	Outdoor	Marteau 4Kg				
JUN	D	Outdoor	Pentathlon				
JUN	D	Outdoor	Heptathlon	Deglume Géraldine	2881 pts	Obourg	21/09/1997
JUN	D	Outdoor	4X100m				

JUN	D	Outdoor	4X800m				
TC	H	Indoor	60m Haies(1,070m)	Schoeps Mathieu	8"19	Dour	28/11/2004
TC	H	Indoor	60m	Schoeps Mathieu	6"90	Dour	05/02/2005
TC	H	Indoor	200m	Schoeps Mathieu	21"43	Gand	20/02/2005
TC	H	Indoor	300m	Schoeps Mathieu	34"66	Glasgow	18/01/2003
TC	H	Indoor	400m	Ghislain Arnaud	47"89	Gand	18/02/2007
TC	H	Indoor	800m	Dumont Jérémie	1'56"55	Gand	31/01/2009
TC	H	Indoor	1000m	D'Harveng Vincent	2'34"58	Gand	11/01/2004
TC	H	Indoor	1500m	Grell Francois	4'02"39	Gand	24/01/2009
TC	H	Indoor	Mile	Grell Francois	4'24"97	Gand	26/12/2008
TC	H	Indoor	3000m	Goethals Benoit	8'45"03	Gand	11/12/2010
TC	H	Indoor	Hauteur	Carton Delcourt Bruno	1m90	Gand	26/03/2005
TC	H	Indoor	Perche	Carton Delcourt Benoit	3m80	Gand	15/01/2005
TC	H	Indoor	Longueur	Langhendries Christophe	6m51	Gand	17/02/1996
TC	H	Indoor	Triple saut	Schoeps Mathieu	13m02	Gaurain	16/02/2002
TC	H	Indoor	Poids 7,260Kg	Lefebvre Emile	10m53	Gaurain	17/01/2004
TC	H	Indoor	Thriathlon	Malice Sacha	771 pts	Dour	09/03/2013
TC	H	Indoor	4x200m	Ghislain A/Bougard Ch/Seghers S/Schoeps M	1'34"28	Gand	17/01/2004
TC	H	Indoor	5000m marche	Biebuyck Pascal	26'12"35	Gand	28/01/2006
TC	H	Outdoor	110m Haies(1,0617)	Schoeps Mathieu	14"70	Eigenbrakel	14/05/2006
TC	H	Outdoor	400m Haies(0,914m)	Mazebo Simon	53"25	Naimette	01/05/2018
TC	H	Outdoor	2000m steeple	Grell Francois	6'08"76	Ninove	19/08/2009
TC	H	Outdoor	3000m steeple	Goethals Benoit	9'28"74	Herve	19/08/2009
TC	H	Outdoor	100m	Schoeps Matthieu	10"70	Duffel	28/05/2005
TC	H	Outdoor	200m	Schoeps Matthieu	21"38	Lugano(ITA)	04/06/2005
TC	H	Outdoor	300m	Schoeps Mathieu	33"50	Eigenbrakel	25/09/2005
TC	H	Outdoor	400m	Schoeps Mathieu	46"50	Jambes	01/07/2005
TC	H	Outdoor	600m	Legrand Geoffrey	1'24"03	Naimette	02/09/2003
TC	H	Outdoor	800m	D'Harveng Vincent	1'52"70 tm	Oordegem	30/07/2005
TC	H	Outdoor	1000m	Grell Francois	2'29"63	Ninove	24/06/2009
TC	H	Outdoor	1500m	Grell Francois	3'57"23	Ninove	08/08/2009
TC	H	Outdoor	Mile	Flameng Laurent	4'32"99	Beveren	18/07/1997
TC	H	Outdoor	2000m	Grell Francois	5'35"91	Audenarde	20/06/2009
TC	H	Outdoor	2 miles	Goethals Benoit	9'38"76	Ninove	14/07/2010
TC	H	Outdoor	3000m	Goethals Benoit	8'37"54	Huizingen	20/08/2011
TC	H	Outdoor	5000m	Nerinckx Noel	14'50"39	Gand	19/07/1995

TC	H	Outdoor	10000m	Huyghe Vincent	32'02"00 tm	Chatelineau	05/06/1996
TC	H	Outdoor	20000m	Baert Christian	1h16'52"05	Forest	26/10/1997
TC	H	Outdoor	semi-marathon	Huyghe Vincent	1h11'32"	Phalempin	18/06/2000
TC	H	Outdoor	marathon	Huyghe Vincent	2h25'57"	Echternach	24/10/1996
TC	H	Outdoor	Heure	Huyghe Vincent	17 km 465	La Louvière	24/09/1999
TC	H	Outdoor	Hauteur	Schoeps Matthieu	2m00	Brasschaat	19/06/2004
TC	H	Outdoor	Perche	Carton Delcourt Bruno	3m77	Ninove	24/09/2005
TC	H	Outdoor	Longueur	Schoeps Matthieu	6m86	Gaurain	08/10/2005
TC	H	Outdoor	Triple saut	Boucher Jérémy	12m79	Eigenbrakel	25/09/2005
TC	H	Outdoor	Poids 7Kg	Bourlet Didier	12m77	Gaurain	18/10/2003
TC	H	Outdoor	Disque 2Kg	Bourlet Didier	32m44	Obourg	12/05/2002
TC	H	Outdoor	Javelot 800Gr	Debuy Frédéric	46m84	L-L-N	16/05/1999
TC	H	Outdoor	Marteau 7,260Kg	Lefebvre Emile	20m61	Obourg	13/10/2002
TC	H	Outdoor	5000m marche	Lefebvre Emile	34'06"80	Gaurain	08/04/2000
TC	H	Outdoor	10 km marche	Biebuyck Pascal	51'40"10	Charleroi	12/04/2003
TC	H	Outdoor	20 km marche	Biebuyck Pascal	1h46'19"	Sirault	06/07/2003
TC	H	Outdoor	30 km marche	Biebuyck Pascal	2h52'40"	St Oedenrode	09/03/2003
TC	H	Outdoor	50 km marche	Biebuyck Pascal	5h02'12"	St Oedenrode	09/03/2003
TC	H	Outdoor	Pentathlon	Declercq Philippe	1994 pts	Obourg	29/05/2005
TC	H	Outdoor	Décathlon	Schoeps Matthieu	6405 pts	Verviers	21-22/08/2004
TC	H	Outdoor	4X100m	Quesnoit J/Schoeps M/Seghers S/Roland M	43"76	Oordegem	20/09/2003
TC	H	Outdoor	4X200m	De Jaegher D/Dumont J/Dumont R/Grell F	1'37"34	Eigenbrakel	05/07/2009
TC	H	Outdoor	4X400m	D'Harveng V/Seghers S/Ghislain A/Schoeps M	3'16"90	Oordegem	18/09/2005
TC	H	Outdoor	4X800m	Decourty Th/Bastien G/Van Den Bril Th/Pierot J	8'40"57	St-Ghislain	12/10/1996
TC	H	Outdoor	4X1500m	Chanoine P/Depelchin P/Deschaepmees/Goffinet B	19'18"09	La Louvière	27/05/2005
TC	H	Outdoor	Relais olympique 800-400-200-100	D'Harveng V/Quesnoit J/Roland M Seghers S	3'41"88	Obourg	01/05/2002
TC	H	Outdoor	Relais suédois 400-300-200-100	Schoeps M/Ghislain A/Saint A/Roland M	2'00"06	Braine	24/09/2006
TC	D	Indoor	60m Haies(0,838m)	Landrieu Chloé	9"85	Dour	12/02/2017
TC	D	Indoor	60m	Altimari Nicolina	8"03	Gand	15/03/2009
TC	D	Indoor	200m	Altimari Nicolina	26"08	Gand	15/03/2009
TC	D	Indoor	300m	Vandermeulen Alodie	43"69	Gand	26/12/2007
TC	D	Indoor	400m	Leseultre Charlotte	58"01	Gand	30/12/2017

TC	D	Indoor	800m	Depelchin Laura	2'22"27	Gand	19/01/2005
TC	D	Indoor	1000m	Lefebvre Marie-Jeanne	3'11"79	Gand	29/12/2001
TC	D	Indoor	1500m	Bossut Mathilde	4'50"53	Gand	07/03/2014
TC	D	Indoor	Mile	Depelchin Laura	5'59"30	Gand	27/12/2010
TC	D	Indoor	3000m	Lefebvre Marie-Jeanne	11'20"00	Gand	02/03/2002
TC	D	Indoor	Hauteur	Vandermeulen Alodie	1m67	Dour	13/01/2018
TC	D	Indoor	Perche	Carton Delcourt Julie	2m11	Gaurain	19/03/2005
TC	D	Indoor	Longueur	Vandermeulen Alodie	5m45	Gaurain	16/03/2019
TC	D	Indoor	Triple saut	Biesmans Angélique	9m81	Gaurain	16/02/2002
TC	D	Indoor	Poids 4kg	Frédéric Justine	8m88	Gand	25/01/2003
TC	D	Indoor	Thriathlon	Landrieu Chloé	1465 pts	Dour	09/03/2013
TC	D	Indoor	Pentathlon	Vandermeulen Alodie	3697 pts	Gand	30/02/2018
TC	D	Outdoor	100m Haies(0,840m)	Landrieu Chloé	17"11	Ninove	28/06/017
TC	D	Outdoor	400m Haies(0,762m)	Altimari Nicolina	66"03	Albano Terme	21/06/2009
TC	D	Outdoor	2000m steeple(0,762m)	Hainaut Ines	7'44"46	Ath	28/08/2010
TC	D	Outdoor	3000m steeple(0,762m)	Piraux Elise	12'20"24	Ath	28/08/2010
TC	D	Outdoor	100m	Altimari Nicolina	12"69	Ninove	19/08/2009
TC	D	Outdoor	200m	Altimari Nicolina	25"87	Ninove	19/08/2009
TC	D	Outdoor	300m	Altimari Nicolina	41"44	Huizingen	16/08/2009
TC	D	Outdoor	400m	Leseultre Charlotte	57"50	Naimette	01/06/2008
TC	D	Outdoor	600m	Lefebvre Marie-Jeanne	1'49"84	Naimette	27/08/2002
TC	D	Outdoor	800m	Depelchin Laura	2'20"84 tm	Nivelles	20/05/2004
TC	D	Outdoor	1000m	Lefebvre Marie-Jeanne	3'06"29	Beveren	26/07/2000
TC	D	Outdoor	1500m	Claisse Emma	4'48"33	Charleroi	12/05/2018
TC	D	Outdoor	Mile	Bossut Mathilde	5'41"04	Oudenaarde	31/07/2011
TC	D	Outdoor	2000m	Bossut Mathilde	7'10"02	Chatelineau	13/04/2013
TC	D	Outdoor	3000m	Lefebvre Marie-Jeanne	10'54"37	Oordegem	07/09/2002
TC	D	Outdoor	5000m	Flameng Bernadette	21'57"76	Ninove	16/07/1997
TC	D	Outdoor	10000m	Dehon Martine	1h04'52"25	La Louvière	15/09/2000
TC	D	Outdoor	Hauteur	Vandermeulen Alodie	1m62	Naimette	30/04/2017
TC	D	Outdoor	Perche	Carton Delcourt Julie	2m06	Oordegem	03/06/2005
TC	D	Outdoor	Longueur	Vandermeulen Alodie	5m30	Ypres	07/07/2017
TC	D	Outdoor	Triple saut	Devenijn Laurence	10m57	Woluwé	24/06/1995
TC	D	Outdoor	Poids 4Kg	Hageman Annabelle	9m53	Tielt	01/09/2002
TC	D	Outdoor	Disque 1Kg	Frédéric Justine	36m16	Bertrix	04/05/2003
TC	D	Outdoor	Javelot 600Gr	Lefebvre Marie-Jeanne	27m97	Mouscron	05/10/2002
TC	D	Outdoor	Marteau 4Kg	Ghislain Amélie	24m00	Obourg	13/10/2002

TC	D	Outdoor	3000m marche	Lefebvre Marie-Jeanne	20'27"12tm	Gaurain	08/04/2000
TC	D	Outdoor	5000m marche	Roos Virginie	35'38"40tm	Charleroi	10/04/2004
TC	D	Outdoor	Heptathlon	Deglume Géraldine	2881 pts	Obourg	21/09/1997
TC	D	Outdoor	Pentathlon lancers	Cambier Brigitte	1517pts	Sint-Niklaas	30/06/2018
TC	D	Outdoor	4X100m	Debisschop M/ Debisschop P/Elias J/ Landrieu C	52"36	Liège	07/09/2014
TC	D	Outdoor	4X200m	Debisschop M/ Debisschop P/Elias J/ Landrieu C	1'53"01	Liège	07/09/2014
TC	D	Outdoor	4X400m	Bouanati S/Lombe S/Piroux E/Altimari N	4'15"92	Bertrix	16/05/2009
TC	D	Outdoor	4X800m	Bossut M/Fasciaux L/Fasciaux A/ Deleersnyder A	9'52"37	Liège	07/09/2014
TC	D	Outdoor	Relais olympique 800- 400-200-100	Depelchin L/ Mahée C/Deleuze C/ Frédéric J	4'18"51	L-L-N	02/05/????
TC	D	Outdoor	Relais suédois 400-300- 200-100	De Bled K/Deleernyder A/Debisschop P/Landrieu C	2'34"68	Saint-Ghislain	03/05/2014
M35	H	Indoor	60m	Van Damme Eric	08"16	Dour	02/02/2008
M35	H	Indoor	200m	Van Damme Eric	27"64	Gand	13/03/2010
M35	H	Indoor	300m	Van Damme Eric	45"14	Gand	26/12/2007
M35	H	Indoor	5000m	Biebuyck Pascal	26'12"35	Gand	28/01/2006
M40	H	Indoor	60m Haies	D'Hulster Jean-Pierre	16"52	Gand	31/03/2001
M40	H	Indoor	60m	D'Haeyer Joël	8"49	Dour	08/02/2015
M40	H	Indoor	200m	Declercq Philippe	27"05	Gand	05/03/2005
M40	H	Indoor	400m	Declercq Philippe	61"16	Gand	05/03/2005
M40	H	Indoor	800m	Labeau Stéphane	2'14"60	Gand	08/03/2014
M40	H	Indoor	1000m	Chanoine Pascal	3'01"88	Gand	18/03/2007
M40	H	Indoor	1500m	Willocq Jean-Luc	4'50"25	Gand	05/03/2005
M40	H	Indoor	3000m	D'Hulster Jean-Pierre	12'09"57	Gand	26/12/2002
M40	H	Indoor	Longueur	Declercq Philippe	4m83	Gand	27/03/2005
M40	H	Indoor	Triple saut	D'Hulster Jean-Pierre	7m84	Dour	27/11/2004
M40	H	Indoor	Poids 7Kg260	Lefebvre Emile	10m44	Gand	27/01/2001
M45	H	Indoor	60m	Van Nieuwenhove Alain	08"22	Gand	05/03/2005
M45	H	Indoor	200m	D'Hulster Jean-Pierre	33"63	Gand	27/12/2008
M45	H	Indoor	1000m	Depelchin Patrick	2'58"40	Gand	15/12/2007
M45	H	Indoor	Mile	Depelchin Patrick	5'04"51	Gand	26/12/2007
M45	H	Indoor	Longueur	D'Hulster Jean-Pierre	3m74	Gand	19/12/2009
M45	H	Indoor	3000m	Depelchin Patrick	10'39"46	Gand	12/03/2006
M45	H	Indoor	Poids	D'Hulster Jean-Pierre	7m04	Gand	19/12/2009
M55	H	Indoor	60m	Deglume Daniel	08"81	Dour	29/11/2003

M55	H	Indoor	Triple saut	Deglume Daniel	8m92	Dour	29/11/2003
M35	H	Outdoor	100m	Van Damme Eric	10"13	Bruxelles	06/10/2007
M35	H	Outdoor	200m	Van Damme Eric	26"77	Verviers	06/06/2010
M35	H	Outdoor	300m	D'Haeyer Joël	44"34	Gaurain	28/09/2014
M35	H	Outdoor	400m	Malice David	63"40	Forest	05/06/2011
M35	H	Outdoor	800m	Malice David	2'29"64	Forest	05/06/2011
M35	H	Outdoor	1500m	Demets Bernard	5'04"66	Forest	08/06/2014
M35	H	Outdoor	3000m	Colmant Michel	9'53"94	Chatelineau	14/04/2012
M35	H	Outdoor	5000m	Moutaouakkil Mohamed	17'27"30	Liège	10/06/2006
M35	H	Outdoor	10000m piste	Biebuyck Pascal	53'09"09	Charleroi	28/06/2006
M35	H	Outdoor	10000m route	Biebuyck Pascal	54'47"09	Charleroi	08/04/2006
M35	H	Outdoor	20km route	Biebuyck Pascal	1h58'45"	Sirault	02/07/2006
M35	H	Outdoor	50km route	Biebuyck Pascal	5h24'00"	Ch-s-Marne	19/02/2006
M35	H	Outdoor	100km route	Biebuyck Pascal	11h29'49"	Bar le Duc	29/04/2006
M35	H	Outdoor	Longueur	D'Haeyer Joel	4m69	Verviers	09/06/2013
M35	H	Outdoor	Poids 7,260kg	Rihoux Bruno	10m14	Forest	05/06/2011
M35	H	Outdoor	Disque 2kg	Van Damme Eric	14m27	Obourg	01/07/2007
M35	H	Outdoor	Pentathlon	Van Damme Eric	1684 pts	Obourg	21/06/2008
M40	H	Outdoor	110m H	Declercq Philippe	22"69	Gaurain	26/06/2005
M40	H	Outdoor	400m H	D'Hulster Jean-Pierre	1'23"38	Obourg	23/04/2005
M40	H	Outdoor	3000m Steeple	Depelchin Patrick	11'48"84	St-Ghislain	26/05/2002
M40	H	Outdoor	100m	Declercq Philippe	13"09	Obourg	23/04/2005
M40	H	Outdoor	200m	Declercq Philippe	26"71	Obourg	23/04/2005
M40	H	Outdoor	300m	Grell Georges	44"16	Dilbeek	21/07/2003
M40	H	Outdoor	400m	Claisse Joel	56"65	Verviers	09/06/2007
M40	H	Outdoor	800m	Labeau Stéphane	2'14"65	Mouscron	23/08/2013
M40	H	Outdoor	1000m	Labeau Stéphane	2'53"78	Audenaarde	23/07/2013
M40	H	Outdoor	1500m	Labeau Stéphane	4'35"31	Forest	21/04/2014
M40	H	Outdoor	Mile	Labeau Stéphane	5'02"19	Ath	01/09/2012
M40	H	Outdoor	2 Miles	D'Hulster Jean-Pierre	14'31"98	Vilvorde	31/07/2004
M40	H	Outdoor	2000m	Chanoine Pascal	6'37"55	Nivelles	03/04/2009
M40	H	Outdoor	3000m	Labeau Stéphane	9'46"10	Gaurain	28/04/2012
M40	H	Outdoor	5000m	Labeau Stéphane	16'44"10	Ath	31/08/2013
M40	H	Outdoor	10000m	Rapaille Christian	40'33"71	Obourg	01/05/1999
M40	H	Outdoor	10km marche	Lefebvre Emile	1h13'08	Gaurain	07/07/2001
M40	H	Outdoor	Heure	Rapaille Christian	14.382m	Gaurain	03/08/2001
M40	H	Outdoor	Semi-marathon	Willocq Jean-Luc	1h22'00"	Beloeil	14/10/2006

M40	H	Outdoor	Marathon	Rapaille Christian	3h08'39"	Beloeil	16/10/1999
M40	H	Outdoor	Hauteur	Grell Georg	1m48	Verviers	06/06/2004
M40	H	Outdoor	Longueur	Declercq Philippe	4m99	Obourg	29/05/2005
M40	H	Outdoor	Poids 7,260kg	Lefebvre Emile	10m81	Obourg	12/05/2002
M40	H	Outdoor	Disque 2kg	Lefebvre Emile	28m09	Gaurain	24/08/2002
M40	H	Outdoor	Javelot 800gr	Lefebvre Emile	38m21	Obourg	12/05/2002
M40	H	Outdoor	Marteau 7,260kg	Lefebvre Emile	20m61	Obourg	13/10/2002
M40	H	Outdoor	Pentathlon	Declercq Philippe	1994pts	Obourg	29/05/2005
M45	H	Outdoor	100m	Van Nieuwenhove Alain	13"08	Obourg	28/04/2007
M45	H	Outdoor	200m	Van Nieuwenhove Alain	26"94	Obourg	29/04/2007
M45	H	Outdoor	300m	Van Nieuwenhove Alain	43"09	Oordegem	14/04/2007
M45	H	Outdoor	400m	Wuidar Henri	56"11	Ninove	22/06/1999
M45	H	Outdoor	800m	Depelchin Patrick	2'16"50	Nivelles	29/08/2007
M45	H	Outdoor	1000m	Depelchin Patrick	2'55"39	La Louvière	23/04/2006
M45	H	Outdoor	1500m	Depelchin Patrick	4'38"50	Forest	08/06/2008
M45	H	Outdoor	3000m	Hainaut Bruno	10'44"78	L-L-N	27/06/2012
M45	H	Outdoor	Mile	Depelchin Patrick	5'07"90	Nivelles	28/09/2007
M45	H	Outdoor	2 Miles	Depelchin Patrick	11'31"56	Zelee	18/08/2007
M45	H	Outdoor	3000m Steeple	Ericx Eddy	12'35"84	Ath	28/08/2016
M45	H	Outdoor	5000m	Labeau Stéphane	18'53"49	Forest	10/05/2015
M45	H	Outdoor	10000m	Depelchin Patrick	38'19"53	St-Ghislain	25/08/2007
M45	H	Outdoor	Semi-marathon	Adant Marc	1h46'09"	Beloeil	14/10/2006
M45	H	Outdoor	Marathon	Hutereau Charles	3h53'03"	Dublin	28/10/2006
M45	H	Outdoor	Hauteur	Declercq Philippe	1m40	St-Ghislain	30/04/2011
M45	H	Outdoor	Hauteur	Elias Laurent	1m40	Forest	08/06/2014
M45	H	Outdoor	Hauteur	Elias Laurent	1m40	Schaerbeek	07/06/2015
M45	H	Outdoor	Hauteur	Ericx Eddy	1m40	Ath	20/08/2016
M45	H	Outdoor	Longueur	Hainaut Bruno	4m17	Verviers	03/06/2012
M45	H	Outdoor	Poids 7,260kg	Wyns Jean-Luc	9m62	Ath	01/09/2012
M45	H	Outdoor	Disque 2k+B613g	Wyns Jean-Luc	25m84	St-Ghislain	30/04/2011
M45	H	Outdoor	Javelot 800gr	D'Hulster Jean-Pierre	32m69	Ninove	23/04/2006
M50	H	Outdoor	100m	Deglume Daniel	13"85	Ninove	07/07/1999
M50	H	Outdoor	200m	Deglume Daniel	28"22	Ninove	07/07/1999
M50	H	Outdoor	400m	Widar Henri	57"68	La Louvière	08/06/2003
M50	H	Outdoor	3000m	Depelchin Patrick	11'25"37	Forest	05/06/2011
M50	H	Outdoor	5000m	Hainaut Bruno	19'30"93	Braine L'alleud	14/05/2017
M50	H	Outdoor	Hauteur	Deglume Daniel	1m40	Forest	12/06/1999

M50	H	Outdoor	Triple saut	Deglume Daniel	9m74	Charleroi	26/06/1999
M50	H	Outdoor	Poids 6kg	Wyns Jean-Luc	10m70	Forest	27/10/2012
M50	H	Outdoor	Poids 7kg260	D'Hulster Jean-Pierre	6m91	Hannut	15/05/2011
M50	H	Outdoor	Disque 1kg500	Wyns Jean-Luc	31m01	Schaerbeek	21/10/2012
M50	H	Outdoor	Disque 2kg	Deglume Daniel	25m85	Audenarde	28/08/1999
M50	H	Outdoor	Javelot 700gr	Wyns Jean-Luc	32m47	Schaerbeek	21/10/2012
M50	H	Outdoor	Javelot 800gr	D'Hulster Jean-Pierre	29m70	Hannut	15/05/2011
M50	H	Outdoor	Marteau 6kg	Wyns Jean-Luc	25m15	Tienen	06/10/2012
M50	H	Outdoor	Marteau 11kg340	Wyns Jean-Luc	10m11	Tienen	06/10/2012
M50	H	Outdoor	Pentathlon lancers	Wyns Jean-Luc	2254pts	Tienen	06/10/2012
M55	H	Outdoor	100m	Deglume Daniel	14"13	Ninove	20/08/2003
M55	H	Outdoor	300m	Deglume Daniel	46"18	Audenarde	05/08/2003
M55	H	Outdoor	800m	Deglume Daniel	2'40"22	Obourg	20/05/2011
M55	H	Outdoor	Hauteur	Deglume Daniel	1m30	Eigenbrakel	05/06/2005
M55	H	Outdoor	Longueur	Deglume Daniel	4m38	Verviers	06/06/2004
M55	H	Outdoor	Triple saut	Deglume Daniel	8m84	Zwevegem	12/09/2004
M55	H	Outdoor	Poids 7kg260	Deglume Daniel	7m65	Ninove	20/08/2003
M55	H	Outdoor	Disque 2kg	Deglume Daniel	23m91	Vilvorde	31/07/2004
M55	H	Outdoor	Javelot 800gr	Deglume Daniel	26m26	Obourg	12/05/2002
M60	H	Outdoor	Hauteur	Deglume Daniel	1m30	Naimette	10/06/2006
M60	H	Outdoor	Poids 7kg260	Deglume Daniel	7m49	Eigenbrakel	14/05/2006
M60	H	Outdoor	Disque 2kg	Deglume Daniel	22m29	Eigenbrakel	14/05/2006
M60	H	Outdoor	Disque 1kg	Lombart Christian	25m43	Oudenaarde	02/08/2009
M60	H	Outdoor	Javelot 600gr	Lombart Christian	27m11	Obourg	03/10/2010
M60	H	Outdoor	Javelot 800gr	Lombart Christian	25m90	St-Ghislain	30/04/2011
M60	H	Outdoor	Marteau 5kg	Lombart Christian	26m04	Obourg	03/10/2010
M65	H	Outdoor	Disque 2kg	Lombart Christian	17m83	Verviers	09/06/2013
W35	D	Indoor	1500m	Daumerie Laurence	6'08"21	Gand	12/03/2006
W40	D	Indoor	800m	Algoed Fabienne	3'27"14	Gand	27/03/2004
W45	D	Indoor	60m Haies	Monnier Christine	13"16	Dour	07/02/2004
W45	D	Indoor	60m	Capel Sylvie	9"99	Dour	14/02/2016
W45	D	Indoor	Poids 4Kg	Monnier Christine	6m29	Gaurain	13/11/2004
W50	D	Indoor	60m	Capel Sylvie	10"07	Dour	12/01/2019
W50	D	Indoor	200m	Capel Sylvie	37'35	Gand	22/12/2018
W50	D	Indoor	Longueur	Capel Sylvie	3m39	Dour	18/03/2017
W50	D	Indoor	Poids 3Kg	Capel Sylvie	5m61	Dour	18/03/2017
W50	D	Indoor	Triathlon	Capel Sylvie	665 Pts	Dour	18/03/2017

W35	D	Outdoor	400m	Dereppe Magali	1'10"13	Forest	08/06/2014
W35	D	Outdoor	800m	Dereppe Magali	3'08"39	Schaerbeek	07/06/2015
W35	D	Outdoor	1500m	Mauroy Anne	5'35"09	Forest	08/05/2005
W35	D	Outdoor	3000m	Verhaege Virginie	14'20"78	Gaurain	25/04/2015
W35	D	Outdoor	Hauteur	Verhaege Virginie	1m00	Schaerbeek	07/06/2015
W35	D	Outdoor	Poids 4Kg	Verhaege Virginie	6m04	Gaurain	25/04/2015
W35	D	Outdoor	Disque (1Kg)	Hancysse Chrystel	16m45	Forest	08/06/2014
W40	D	Outdoor	300m	Aelgoet Fabienne	65"52	Audenaerde	05/08/2003
W40	D	Outdoor	400m	Dereppe Magali	1'09"90	Verviers	10/06/2018
W40	D	Outdoor	800m	Al Saadi Yasmina	3'09"69	Gaurain	26/06/2005
W40	D	Outdoor	1000m	Aelgoet Fabienne	4'45"05	Nivelles	21/06/2003
W40	D	Outdoor	1500m	Moulin Carole	6'18"54	La Louvière	22/04/2017
W40	D	Outdoor	Mile	Al Saadi Yasmina	7'06"74	Gaurain	08/10/2005
W40	D	Outdoor	2000m	Al Saadi Yasmina	8'45"02	Schaerbeek	05/05/2005
W40	D	Outdoor	3000m	Al Saadi Yasmina	13'30"85	Gaurain	21/05/2005
W40	D	Outdoor	5000m	Al Saadi Yasmina	22'51"19	Gaurain	26/06/2005
W40	D	Outdoor	Hauteur	Coupez Marjorie	1m20	Verviers	10/06/2018
W40	D	Outdoor	Poids 4Kg	Verhaege Virginie	5m88	Verviers	10/06/2018
W40	D	Outdoor	Disque 1kg	Coupez Marjorie	17m48	Obourg	05/08/2018
W40	D	Outdoor	Javelot	Hancysse Chrystel	9m32	Verviers	10/06/2018
W45	D	Outdoor	100m	Capel Sylvie	16"66	Gaurain	25/04/2015
W45	D	Outdoor	800m	Moulin Carole	3'05"09	Verviers	10/06/2018
W45	D	Outdoor	1000m	Dehon Martine	5'08"05	Gaurain	24/07/1999
W45	D	Outdoor	1500m	Dehon Martine	8'05"88	Gaurain	23/07/2000
W45	D	Outdoor	Mile	Dehon Martine	8'53"28	Audenaerde	01/08/2000
W45	D	Outdoor	2000m	Dehon Martine	11'15"15	Beveren	26/07/2000
W45	D	Outdoor	3000m	Depelchin Martine	13'53"34	Forest	08/06/2014
W45	D	Outdoor	5000m	Dehon Martine	30'26"18	Obourg	20/05/2001
W45	D	Outdoor	10000m	Dehon Martine	1h04'52"25	La Louvière	15/09/2000
W45	D	Outdoor	Hauteur	Martens Sophie	1m10	Forest	08/06/2014
W45	D	Outdoor	Longueur	Capel Sylvie	3m42	Schaerbeek	07/06/2015
W45	D	Outdoor	Poids 4Kg	Monnier Christine	6m14	Obourg	24/04/2004
W45	D	Outdoor	Disque 1Kg	Capel Sylvie	11m15	Rixensart	14/05/2016
W45	D	Outdoor	Javelot 600gr	Depelchin Martine	15m87	Schaerbeek	07/06/2015
W50	D	Outdoor	100m	Capel Sylvie	16"24	Ninove	18/06/2017
W50	D	Outdoor	800m	Al Saadi Yasmina	3'16"39	Gaurain	28/04/2012
W50	D	Outdoor	3000m	Al Saadi Yasmina	13'54"01	Gaurain	28/04/2012

W50	D	Outdoor	Longueur	Capel Sylvie	3m49	Verviers	10/06/2018
W50	D	Outdoor	Poids 4Kg	Al Saadi Yasmina	3m87	Schaerbeek	12/05/2012
W50	D	Outdoor	Javelot 600Gr	Al Saadi Yasmina	7m46	Schaerbeek	12/05/2012
W50	D	Outdoor	4x100m	Verhaeghe V/Depelchin M/Dereppe M/Capel S	1'05"60	Forest	08/06/2014